



RIPPLES OF CHANGE



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#### BUZZI

## **EDITORIAL**











## Welcome to Buzzi – The Heart of Service and Fellowship

elcome to Buzzi, where service meets fellowship and community transformation is at the core of everything we do. Named after the vibrant village of Buzzi within our catchment area, our Buddy Group draws inspiration from the meaning of "Buzzi" - waters. Just as waters flow. sustain, and nurture, our group is committed to flowing through our community with purposeful service, nurturing growth, and creating lasting impact.

As part of the Rotary and Rotaract Club of Bwebajja, the Buzzi Buddy Group is a family of passionate individuals who believe in the Rotary motto, "Service Above Self." We come together, united by a common goal: to uplift and empower our community through meaningful action. Each member brings their unique talents and dedication to create a ripple effect of positive change.

Our group thrives on fellowship. It is the spirit of teamwork and friendship that drives our efforts and strengthens our bonds. We believe that when we stand together, we are not only more effective in our service but also in creating lasting relationships that enrich both our lives and the lives of those we serve

In this magazine, we invite you to learn more about who we are, our values, and what makes the Buzzi Buddy Group special. As we continue to grow and serve, we welcome new ideas, fresh energy, and the spirit of collaboration. Buzzi is more than just a group—it is a community, a family, and a shared journey toward making a better future.

Welcome to Buzzi. Welcome to fellowship, friendship, and a shared commitment to building a stronger community.

#### Rtr. Nakato Shamim

Editor in Chief Rotaract Club of Bwebajja



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## Fostering Economic and Community Development – Message from Nabuzzi

#### Dear Friends

It is with great enthusiasm and excitement that I welcome you to our special month of fellowship and service, as we come together to focus on Economic and Community Development. This theme is not only timely but also deeply aligned with the core values of our Buzzi Buddy group and the Rotary spirit of "Service Above Self."

As members of the Rotary and Rotaract Club of Bwebajja, we are committed to making a tangible difference in our community. This month, we have the incredible opportunity to work together to uplift the economic livelihoods of those around us while empowering individuals and businesses to create sustainable development in our

beloved Buzzi village and beyond.

Economic and community development is about more than just resources; it is about providing the tools, opportunities, and support systems needed for individuals and families to thrive. Whether through small-scale entrepreneurship projects, financial literacy workshops, or vocational training, our efforts this month will help lay the foundation for long-term progress in our community.

I encourage each of you to embrace this opportunity to serve with passion and purpose. Together, let's dedicate our time and talents to creating initiatives that will leave a lasting impact. I look forward to seeing the creative and transformative



ideas that will emerge from our collective efforts this month.

Thank you for your unwavering commitment to the Buzzi Buddy group and to the betterment of our community. Let us unite in fellowship, motivated by the knowledge that through our shared actions, we are helping to shape a brighter future for all.

Yours in Service,

#### Rtn. Joyce Bakiire Nalongo

Chairperson, Buzzi Buddy Group Rotary and Rotaract Club of Bwebajja

## Leading with Purpose, Serving with Heart: Message from the Ssebuzzi:

Dear Members of the Buzzi Buddy Group,

As we begin this special month of fellowship, I want to take a moment to reflect on the core principles that drive our work Leading with Purpose, Serving with Heart. These aren't just words to fill a page; they embody the spirit of everything we do as Rotarians and Rotaractors.

To me, leading with purpose means being intentional in our actions, making sure that every step we take is aligned with the greater good of our community. In this month, dedicated to Economic and Community Development, our mission is clear: to uplift the livelihoods of those around us and provide opportunities for growth. Whether it's mentoring a young entrepreneur, supporting local



businesses, or helping someone gain new skills, we're here to make a real difference

But leading alone isn't enough. We must serve with heart—because at the end of the day, it's our compassion, our empathy, and our genuine care for others that make our service truly impactful. Let's remember that behind every project, every initiative, are real people—families, friends, and neighbors

whose lives we can touch.

I believe that when we lead with purpose and serve with heart, we create change that goes beyond just numbers and statistics. We leave a legacy of care and empowerment, something that will ripple through our community long after this month of service is over

I'm excited to see how we come together as a Buddy group, how we use our unique talents and passions to create something meaningful. Let's not hold back—let's lead, let's serve, and let's make this a month of transformation for our community.

With Gratitude and Fellowship,

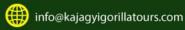


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BUZZI 











Ssebuzzi DRR Joseph B. Ssengooba

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## BUZZI IMPACT

The Buzzi Buddy Group is proud to reflect on two impactful projects that underscore our commitment to community development. Through these initiatives, we not only responded to critical needs in the areas of maternal health, environmental sustainability, and youth empowerment, but also laid the foundation for sustainable growth and future partnerships.







# Buzzi Impact Day: Supporting Health, Environment, and Youth Empowerment

Buzzi Impact Day focused on the well-being of the Kitala Community, addressing some of the most pressing local challenges. Our aim was to establish lasting ties with the Kitala Health Centre III and the surrounding community, ensuring a foundation of trust and collaboration for future initiatives. The day's activities were designed to leave a lasting impact in key areas:



Maternal and Child Health: 50 expectant mothers benefitted directly from the distribution of mama kits and health education sessions. These efforts contributed to safer childbirth and better health outcomes for both mothers and infants, demonstrating our commitment to improving maternal healthcare in the community.

Environmental Sustainability: Over 90 community members participated in a tree planting initiative that emphasized the importance of sustainable practices. Not only did this effort improve the local environment, but it also raised awareness on the long-term benefits of conservation.

Youth Empowerment: Approximately 60 young individuals took part in a mentorship program, gaining valuable skills and guidance to tackle poverty and unemployment. Through training and mentorship, we equipped the youth with practical tools to become change-makers in their community.







## Youth Skills Fest: Empowering Future Innovators

The Youth Skills Fest at Motiv Kampala was another significant event organized by the Buzzi Buddy Group, in partnership with Nation Media Group through NTV. This vibrant festival attracted over 700 young participants and offered a wide range of hands-on training opportunities across multiple sectors, from cutting-edge technology to creative arts.

The event's primary objective was to provide Uganda's youth with the skills and knowledge necessary to thrive in today's dynamic economy. Participants engaged in workshops led by industry experts, gaining insights that empowered them to become job creators, innovators, and future leaders.

The Youth Skills Fest exemplified the power of collaboration, as various organizations came together to support Uganda's youth in their journey toward personal and professional growth. The overwhelming success of this event not only highlighted the potential of young people but also reinforced the importance of equipping them with the tools to navigate the challenges of tomorrow.















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#### Buzzi Impact Day Needs Assessment

Buzzi Impact Day's Needs Assessment was a crucial first step in identifying the pressing challenges faced by the Kitala community. Through active engagement with community members and local leaders, the Buzzi Buddy Group conducted in-



depth discussions and surveys to pinpoint key areas of need, such as healthcare, environmental sustainability, and youth empowerment. This collaborative effort provided us with invaluable insights into how we could best direct our resources and initiatives to make a meaningful impact. By listening to the community's voices, we laid the foundation for future projects that are not only impactful but also relevant to the community's specific needs.

















The Buzzi Home Hospitality initiative is all about building deeper connections within our Buddy Group and with our wider Rotary/Rotaract family. Members open their homes for casual and intimate gatherings, fostering a spirit of warmth, fellowship, and unity. This activity offers an opportunity for members to get to know each

other better in a relaxed setting, away from the formalities of regular meetings. Sharing meals, stories, and laughter helps strengthen our bonds and reminds us that service is not just about what we do for others but also about the relationships we build along the way. It's a celebration of friendship and shared purpose.









#### Buzzi Meet and Greet

The Buzzi Meet and Greet is an open event designed to introduce prospective members to the Buddy Group while also allowing current members to strengthen their network. Held in an informal and welcoming environment, the event provides a space for attendees to learn about the group's mission, projects, and fellowship activities. It also serves as a platform for potential members to ask questions, share ideas, and explore how they can contribute to the group's work. This gathering is more than just an introduction; it's a way to welcome new energy into Buzzi and foster a growing community of service-minded individuals







## The Four-Way Test: A Guiding Principle for Ethical Service



The Four-Way Test is a simple yet profound ethical guide used by Rotarians around the world to ensure integrity and fairness in everything they do. Originally created by Rotarian Herbert J. Taylor in 1932, this test consists of four key questions that encourage thoughtful reflection before taking action, both in professional and personal life. The test asks:

- 1. Is it the Truth?
- 2. Is it Fair to all concerned?
- 3. Will it build Goodwill and Better Friendships?
- 4. Will it be Beneficial to all concerned?

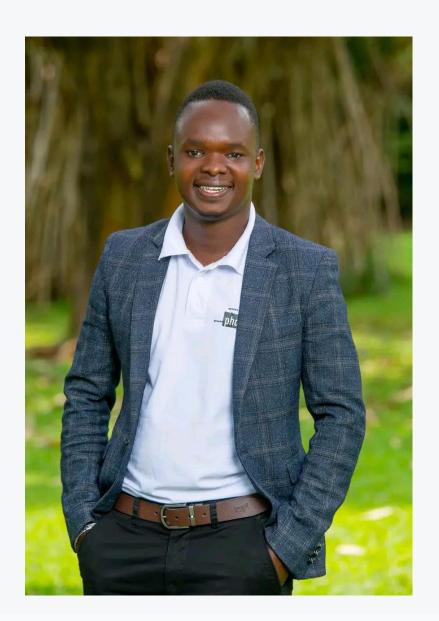
At the core of the Four-Way Test is the idea of promoting honesty, fairness, goodwill, and mutual benefit in all endeavors. For members of the Buzzi Buddy Group, this test serves as a constant reminder to maintain the highest standards of ethical conduct in our service projects and interactions. community Whether we are planning initiatives or making decisions, these four guiding questions help us stay true to our mission of serving with purpose and integrity.

By adhering to the Four-Way Test, we not only ensure that our actions are morally sound, but we also foster a culture of trust and collaboration that strengthens both our group and the communities we serve.

Rtn. Hassan Nyenje President Elect Rotary Club of Bwebajja

# The Five Goals of Rotaract: Empowering Young People for Leadership and Service

Rotaract, a global network of young leaders and changemakers, operates under Rotary International with a clear set of goals that guide its mission. These goals are designed to empower young people by developing their leadership potential, fostering professional growth, and encouraging them to make meaningful contributions to their communities and the world. Through Rotaract, young individuals gain valuable skills and experiences that prepare them for a lifetime of service and leadership.



One of Rotaract's primary objectives is to develop professional and leadership skills. Members are provided with numerous opportunities to refine their abilities through training, hands-on projects, and mentorship. By participating in these activities, young leaders gain the confidence and expertise necessary to excel in both their personal and professional lives

Another key goal is to emphasize respect for the rights of others and promote ethical standards. Rotaract encourages its members to uphold integrity in all aspects of life, treating everyone with respect and dignity. By promoting the value of work and ethical behavior, Rotaractors serve as role models in their communities.

Rotaract also seeks to provide opportunities for young people to address the needs of their communities and the world.

Whether it's tackling local issues such as healthcare and education or global challenges like environmental sustainability, service is at the heart of Rotaract's mission. Members actively engage in projects that aim to create lasting, positive change.

In addition, Rotaract fosters cooperation with sponsoring Rotary clubs, strengthening the bond between Rotaractors and Rotarians. This partnership provides young members with opportunities to collaborate on impactful projects, enhancing the scope and effectiveness of their service efforts.

Finally, one of Rotaract's longterm goals is to motivate young people for eventual membership in Rotary. Through their involvement in service projects and leadership roles within Rotaract, members are inspired to continue their journey of service and leadership as full members of the global Rotary community.

These five goals provide Rotaractors with a foundation to grow as leaders, professionals, and global citizens. By working towards these objectives, Rotaract is shaping the next generation of individuals committed to making a lasting impact in their communities and around the world.

Rtr. Denis Ssebaggala

Past Ssebuzzi

Rotaract Club of Bwebajja.



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### The Object of Rotary: A Foundation for Service and Leadership

The Object of Rotary serves as the core philosophy that guides Rotarians in their personal and professional lives, emphasizing the importance of service, integrity, and global goodwill. It encourages members to embrace the ideal of service as the basis for all their endeavors, creating a strong foundation for meaningful leadership and community involvement

The first principle emphasizes the value of relationships. Rotary views the development of acquaintance as an opportunity for service, where friendships and connections lead to collaboration and positive impact.

The second focuses on upholding high ethical standards in both business and professional life. Rotarians are called to recognize the worth of all



useful occupations and to approach their work with integrity, using their professions as platforms for contributing to society.

The third principle underscores the application of service in all aspects of life. Whether in personal interactions, professional roles, or community involvement, Rotarians are encouraged to live by the ideal of service in everything they do.

Finally, the fourth principle promotes international understanding, goodwill, and peace. Through a global fellowship of business and professional individuals united by the ideal of service, Rotary works to foster a more peaceful and interconnected world.

The Object of Rotary is not just a set of values but a call to action for Rotarians to make a difference in their communities and across the globe.

Rtn. Ruth Ruth Nabibubbu



#### Leadership In Today's World

Time for an honest self-appraisal. Would most people who you've worked or served with say that you bring out the best or the worst in them?

Most carreer and service people that quit roles always leave because of relationships with their leaders. Relationships here, I mean how they were treated. For most of us, it's easy to name the individuals who have brought out the best in us and maybe easier still to name people who have brought out the worst. These memories are significant because of the way these leaders made us feel.

The late Maya Angelou once said, "I've learned that people will forget what you said. People will forget what you did, but people will never forget how you made them feel."

Whether we're at home or at work, our emotions are woven into our every interaction. They influence how we react to challenges and opportunities. They determine whether or not we



collaborate to resolve conflict. They prompt our willingness to forgive ourselves and others.

As we move through our days, our emotions play a role in the amount of effort we demonstrate, what behaviors we display, our psychological health, and our moods. That's why emotional intelligence and leadership effectiveness are so closely linked.

Popularized by psychologist Daniel Goleman, emotional intelligence is defined as our capacity to be aware of, to control, and to express emotions. Emotional intelligence enables us as leaders to handle interpersonal relationships judiciously and empathetically.

The ability to connect emotionally with people and lead with emotional intelligence is essential for leadership effectiveness. Infact the way a leader makes you feel can impact your engagement, as well as your productivity. Emotions can weave through every work situation you experience, including:

- Change and uncertainty
- Interactions with colleagues
- Conflict and relationships
- Effort and burnout
- Achievement and failure.

So, let's all invest some time to be more aware about Emotional Intelligence as we serve.

Rtn. Samuel Ngambwaki

Leadership, Culture and communications Coach



### ROTARIANS MEMBERS



Rtn. Apollo Newton Mwesigye – MD



Rtn. Akantorana Mwangangye – PHF



Rtn. Anne Nambatya – PHF



Rtn. Carolyne Kirama – PHF



Rtn. Hassan Nyenje - PHF



Rtn. Joyce Bakiire - PHF



Rtn. Protaze Tibyakinura – PHF



Rtn. Ruth Nabibubbu – PHF



Rtn. Sylivia Nabakadde – PHF



Rtn. Nambooze Rehema – PHF



Rtn. Ronnie Kasemiire Abwooli



Rtn. Micheal Agaba



Rtn. Peter Wanda



Rtn. Jane Kateera



Rtn. Gerin

### ROTARACTORS MEMBERS



Rtr. Joseph Ssengooba – PHF



Rtr. Jullie Migisha



Rtr. Denis Ssebaggala



Rtr. Susan Nakabuye



Rtr. Shamim Nakato



Rtr. Rwabyoma Mugarura

## FRIENDS OF BUZZI



**Rtn. Muhumuza Herbert –MD** RC. Kampala North



**Rtn. Irene Luweesi - PHF** RC. Nsangi



Rtn. Ismael Mukasa – PHF RC. Kajjansi



Rtn. Joseph Lwevuze – PHF RC. Namasuba



Rtn. Ritah Asiimwe – PHF RC. Kajjansi



Rtn. Samuel B. Kamusiime - PHF RC. Kaijansi



Rtn. Samuel Ngambwaki-PHF RC. Kampala Morning Stars



Rtn. Margaret Kemigisha-PHF RC. Namasuba



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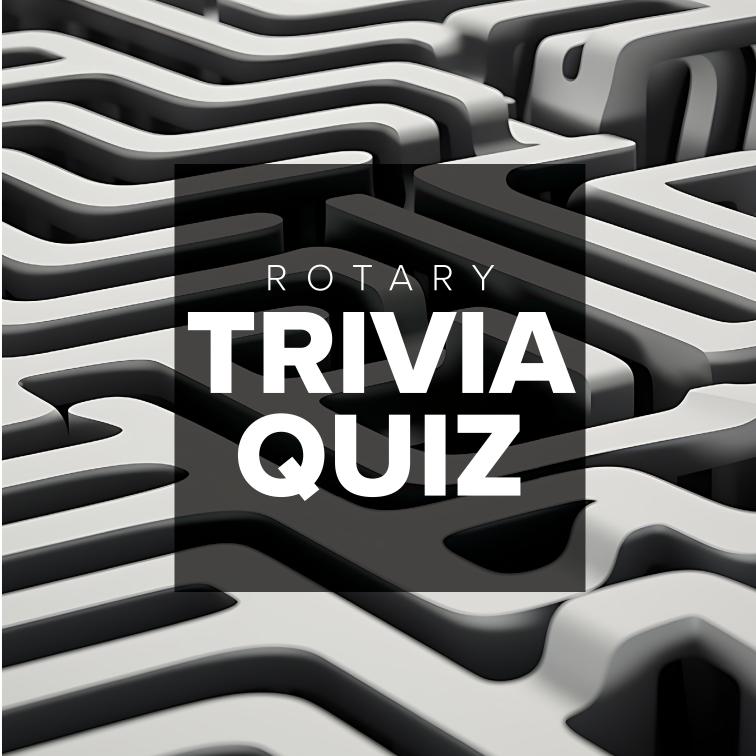
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	Question	Objective	Tick	
	Who founded Rotary International and in what year?	A. Paul Harris, 1905		
1.		B. Arch Klumph, 1917		
		C. Herbert Taylor, 1932		
		D. Carl-Wilhelm Stenhammar, 2005		
2.	What is the motto of Rotary International?	A. Be the Inspiration		
		B. Service Above Self		
		C. Imagine Rotary		
		D. Making a Difference		
3.	In which city was the first Rotary club established?	A. New York, USA		
		B. London, UK		
		C. Chicago, USA		
		D. Toronto, Canada		
4.	What is the Rotary theme for the year 2024?	A. Serve to Change Lives		
		B. The Magic of Rotary		
		c. Rotary Opens Opportunities		
		D. Peace through Service		
5	Rotary's Four-Way Test includes all of the following principles EXCEPT:	A. Is it the truth?		
٥.		<b>B</b> . Will it build goodwill and better friendships?		
		<b>C</b> . Is it beneficial to all concerned?		
		D. Is it financially rewarding?		
6.	What is Rotary's official mission?	A. To promote peace through global understanding		
		<b>B</b> . To provide humanitarian service and advance goodwill and peace		
		<b>c</b> . To eradicate hunger and poverty		
		D. To support education worldwide		

	Question	Objective			Tick	
7.	What is the name of Rotary's campaign to eradicate polio worldwide?	A. End Polio Now				
		B. Rotary Cares				
		C. Erase Polio				
		D. Rotary for a Cure				
8.	How many Rotary clubs are there worldwide, approximately?	<b>A</b> . 10,000				
		<b>B</b> . 15,000				
		<b>C</b> . 25,000				
		<b>D</b> . 46,000				
9.	What are Rotary's seven areas of focus?	<b>A</b> . Health, Education, Empowerment, Hunge	Peace, Environment, Cle er	ean Water, Youth		
			Prevention, Disease Pr nal and Child Health, Ed nment	·		
		C. Human Rights, Environmental Conservation, Literacy, Community Development, Women Empowerment, Clean Water, Eradication of Polio				
		D. Charity, Service, Pe Health, Clean Energy	ace, Education, Youth E	Empowerment,		
	. Which major global event does Rotary host every year?	A. The Global Rotary I	_eadership Summit			
10		B. The Rotary International Convention				
		C. Rotary Youth Conference				
		D. The Annual Polio Fundraising Gala				
	10. B	8. D	<b>6. B</b>	<b>4</b> ' B	8	3 . 5
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